

Title: IT'S ABOUT TIME!

Text: Psalm 90:10, 12, 14

Intro: Some folks are busier and more organized and accomplish more than others. There is at least one thing you and I have in common. God has given us each the same amount of time each day! We each have 24 hours/day and 7 days/week. Each hour has 60 minutes. Each minute has 60 seconds. One of the hardest things we need to do each day is to use God's gift of time wisely! Moses makes some interesting observations in **vv. 10, 12 and 14 of Psalm 90**. He speaks about the time of our life.

I. RECOGNIZING THE TIME (v.10)

According to the Bible, the average life span is 70 years (840 months / 25,568 days). Sometimes, if a person is fortunate, he may even receive a few more years. Nevertheless, no matter how long we live it is not long at all, and our time will be up. If one lives to be 70 years of age and is the average person, he spends at least: **—23 years sleeping —25 years working —9 years eating and drinking—10 years playing—6 years dressing —1½ years on the telephone —2½ years smoking —2½ years in bed —3 years waiting for somebody —5 months tying shoes — 2½ years for other things (including 1½ year in church)** – To spend 1½ years in church in a relative life span of 70, one must, on the day of his birth, begin to spend five minutes of each morning and every evening in devotions, plus three hours per week in church.

II. REDEEMING THE TIME (v.12)

Moses recognized the need for proper use of time. Our time should be spent acknowledging the brevity of time and the need to use our time wisely. The most important thing we can do with our time is please God. See **Eph. 5:15-17**. Notice many discoveries outside of the routine: **(Illust: Thomas Edison) The father of photography was an**

army officer; of the electrical motor, a bookbinder; of the telegraph, a portrait painter. The inventor of the typewriter was a farmer; a carpenter invented the cotton gin; and the locomotive was invented by a coal miner. The telephone came from the after-school work of a teacher, and a physician invented the pneumatic tire. How do you use your spare time?

It might be wise for us to take a little inventory of our resources as to time and review our habits of using it. There are 168 hours in each week. Fifty-six of these we spend in sleep. Of the remaining 112 hours, we devote 48 to labor. This leaves 64 hours, of which let us assign 21 hours for our daily meals. (This allows 60 minutes for each meal with extra time to rest and promote good digestion.) We have left 43 hours, net, of conscious active life to devote to any purpose to which we are inclined. Is it too much to say that God requires a tithe of this free time? One tenth of 43 hours is just 4.3 hours or 4 hrs, 18 mins!!!

III. REJOICING THROUGH TIME (v.14)

Dr. Leslie Weatherhead, in his book, *Time for God* has a mathematically calculated schedule which compares a lifetime of "three score years and ten" with the hours of a single day from 7:00am to 11:00pm. "If your age is: 15, the time is 10:25am – 20, the time is 11:34am – 25, the time is 12:42pm – 30, the time is 1:51pm – 35, the time is 3:00pm – 40, the time is 4:08pm – 45, the time is 5:16pm – 50, the time is 6:25pm – 55, the time is 7:34pm – 60, the time is 8:42pm – 65, the time is 9:51pm – 70, the time is 11:00pm"

Conclusion: The sooner we find the grace and mercy of God in Christ, and experience that love and peace all our days, the happier we will be! Let us always remember that nothing can separate us from that love! See **Rom. 8:35-39**.